

SWINGING MENTALS

We're happy people but we don't know it We've got our problems but never show it We're so amused by simple things We can find the fun in catastrophe

> We're swinging mentals, not sentimentals We don't know what we're missing We're swinging mentals We're swinging mentals Kent confidential

We sense no anger, seem so atable No education but have a future You can laugh at our lack of mobility Or at our contorted facial grin

Don't know of death, we have no God We're independent, so non-committal We can't lose a thousand dollars on stocks and bonds We don't care if our hair ain't blond

We're swinging

THREE MILE HIGHLAND

You have no appetite
We have no life to say of
Sex consists of running the vacuum
I see hue of clive
I wear my breakfast
I brueh my luminous everything
I waste my wante
I rregular with help

I think this is no way to live
I think this is no way to live
I want to be more, more, more, more

The government says
We're safe to thirty seven percent
It can't be that bad
I develope a lack of trust
I've been robbed
I've been bursaucratized
We've seen the Shitte Moslems
I want to smash TV
I want to smash TV

I think this is

SLASH JOB

Don't trip over your ego
God knows you can't get around it
Oh my! Don't wreck your Camaro
As you think the girls sorround
I know it's you whose coming
As I hear your tires squeel
Your habits are good for the economy
As flip-flop sales go through the sun roof

Trying to insist you are a man California off you go Don't forget your Guiness Book ego

A legend in your own mind Unique as a dime store gum machine Forget to shave your upper lip? Do you think a sleeveless shirt is hip?

Don't trip over your ego.....

FACING THE WORLD

One time I saw this idiot Flexing his biceps at a party I felt sorry for him

CHORUS: I'll cry, I'll wonder, I'll emote
I can't do anything about it
I'll hope, I'll change, I'll quit
I'll sleep and go to work tomorrow

One time, I saw a friend Get stabbed in the back There was no knife

CHORUS

Another time I saw an old lady
Eating alone in a restaurant
This was Thanksglving
Thursday, I read a boy died
He was critically hurt, by his dad

CHORUS

CHORUS

One day I finally realized, I have potential but no desire

After work, I stopped to drink, I had 10 for the road. How stupid !

PEAR THE ATTIC

In daylight I have no problems Rumbling through the lives of others Seems so cold and unexplored Cobwebs, dust and creaky board

When darktime comes around
I think I hear terrible sounds

I climbed the steps and opened the door And there he stood working As if I hadn't yet been born Moving boxes while thinking

I never would fear the attic I went against the modern drama But when dark time comes around My cardio vascular stings from trauma

And once my heart pounded greatly

MOMMY WRECKED THE COUNTRY SQUIRE

Maybe I should take a stance Join a movement, make some waves But out here in the suburbs Justice seems so far away We go to block parties We tend our lawns We dabble in the arts And try to stifle yawns Shake off complacency Long enough scares me to death Sink back into lethargy When my passions put to the test . We go to rollercades We style our hair Frequent the arcades And play the games in there We covet the neighbors wife We bite the hands that feed We've lived here all our lives We don't know what we need

We search for stimulation
We take our "medication"
We look with indignation
At any sign of deviation

Goodbye seven lonely letters Severed ties It'll never be easy again We weren't meant to be just friends

Seven-eleven
I can buy all the beer I care to drink
To help me sink
Into this detached state of mind

Break me down
What do you find?
A busy bunch of chemicals
Feeding a troubled mind

Hello. What a surprise to meet you here To be this near Where I can almost touch you Almost

Midnight till dawn I stayed up all night to write this song Thiugh no one will hear it

BIG BROTHER

He's young and scared Most times feels alone It's easy to see whats needed It's safe if we do nothing

We could save a life
We want to help
He needs our love
Needs someone to care

Could take the first step It would be a risk Put meaning in a life What it's like to care

We see it, see it, see it
But can we do it, do it, do it
We talk about it, bout it, bout it
But where's the action, action, action, action.

(I GO ON) EXPERIENCING LIFE

I go on experiencing life Like a wave hello, goodbye Don't want it to go away I'll find a way to live the time

I go on experiencing life Not caught up in the pain While singing no refrain Don't want it to go away

> Unoften pleasant Dormant and rude Like aging movies Enjoy it till through

I go on experiencing life Like a wave hello, goodbye Don't want it to go away I'll find a way to live the time

I go on experiencing life Like a wave hello, goodbye

MISFIRE

Your fingers ran like bullets through my hair A fusion of bodies without minds finding directions We were at an intersection without a map Ideas with ideas glanced over a fence of feelings I knew what was thought like a deaf man reads lips Interpreting this with no reference to language or symbols

Chemical transfers to the appropriate organs Spelled acts of love, or what is confused as love A clear conscience leaves me with future regrets Bet on a sure thing and you've made a fools bet This I know as I have bet on many sure things I no longer accept relationships with sure odds

Misfire, misfire, misfire.

Unfortuanately we press ourselves into emotional encounters Rowing a boat of poor taste on fragile waters Making waves of disasterous results we label love, Mistire, oh misfire

Misfire, misfire, misfire.

AND SO I DID

Oh I was dreaming or was I driving down this open road one day When I presumed and felt a need to change

careers and go another way

I had the choices and the options but held
my life at bay

So when the lyrics hit me I panicked thinking what could be

I want to quit my job
I want to quit my job
I want to quit my job
And mo I did

Put ice on my head and bandage all my hidden wounds Cause I'm coming to grips with a simple frightening move

Giving up so very little, when I thought it was

Now when you touch me thery'll be something there to touch, to touch

Aerial views of accomplishments Seeing things with substance It's taken time, time, time, To place the values

Oh I was dreaming or was I driving down this open road one day

DREAM #10

Your detail lucid but not beyond description Fear so real and plot full fiction and

CHORUS: I just want to have a dream like you did
I just want to have a
I just want to have a dream like you did
I just want to have a dream like you did

You lose a lot of sleep from this feature Your imagination has developed quite a creature and I... CHORUS

I can see your fear, I can share your fear I can sense your fear, I wanna taste your fear Wash in your dream, live in your dream

CHORUS

WE'RE MISSING THE POINT

We're missing the point of raising children By constructing plastic philosophies It's not propogation or education It's like helping a friendship grow It's teaching love that we all know

> Your impact! Your impact! Don't you realize it? As you ignore and restrict caring They don't just grow as untended fields Not a great analogy, but consider yields

We're missing the point of raising children Don't you great the papers? We're missing the point of raising children Don't you great the papers? Why don't some find the help to cope? And why don't so many care to hope?

> Your impact! Your impact! Divorced mothers and fathers As you move your seeded pawn I don't have time my lifes important Oh! Doesn't that outweigh responsibility?

MEASURE ONE'S WAYS

I've been walking a tightrope Between reason and desire Been thinking ther's no hope Life's been a soldier under fire It seems a fine line Between lows and between highs

> But now I know I've got to think that I am capable and fine Each day a challenge that I have The ability to meet We have to go out to many places With whom we meet If were lucky we'll be eatisfied and End up dancing in the street

We can be successful
We can be successful
We can be successful
We can be successful

Some call it a facade
To be acting out your moods
It's a game that is useful
Useful to one's advantage
It can do what I want it
It is my emotion

FRIENDSHIP IS SO TALL

Friendship is so tall It's not a mystery There's no need to climb Cause friendship is so tall

CHORUS: No matter what height
Friendship is so tall
It can see over the tallest wall

Friendship is so tall where could we be?
It's not hard to see
Yes! Friendship is so tall Above all the rest
Brings out all the best

CHORUS

BRUTE FORCE

They'll all get theirs
Their times coming
It's their problem
I can't take it
They are stupid
They mean trouble

I'll ignore them, it's a real job Picking on me being an asshole He's much stronger, thinks he's better He is a prick, fears his feelings

He's no softee

Teachers love him They don't see him Punch my stomach Soit in my hair

Oh yes, when it's over
Oh no, lifes not fair
Years of living judgement
Adulthood punishment
That's right, oh my, oh yes
You've got it! Oh yeah!
Oh yes, when it's over

LAUGHTER

There are many things I must tell you bout laughing It's unfortunate we even need this discussion

CHORUS: It could be an indication of a world in trouble

Be prepared if I happen to burst your bubble

Good mental health can be attained by laughing Your glands know this so they start secreting It takes so little effort to keep laughing I must concur I find laughing to be pleasant

CHORUS

Laughing has been known to relieve tension With students if inappropriate, means detention You can't have a bad time when your laughing We've gotta start taking courses in laughing

CHORUS

INSOMNIA

The mun is rising
And I feel so alone
I am alone, am I forgotten?

CHORUS: When will I be a part of this flow, thin whole?
Noone I want to will visit me today they're just people, just bodies not to care
Big business smiles, yeah, business people

The sun is rising
And I just want to sit
I see things in a new light
And what I see shakes me
This moment scares me
And makes my heart race

CHORUS 2: I can't stop asking where have I gone and what's the point I don't fit in, I'm different and right now that's not better When you're alone, who will listen and not run off?
I can't stop asking where have I gone and what's the point

The pages of texts are yellowing with age
The party cup doesn't quench my thirst at all
I'm seeing volumes of life long knowledge
The quality of life I need is so hard to attain

I we got hundreds of people wasting my time. They want to see how I lose my patience. They don't see they are amusing, but Only by their lack of awareness.

I can outlast them
I'll be proper
I'll be patient
Give them respect
They don't deserve it
Be bigger than them
It may rub off, who knows?

Go to your bank, hear the small talk Fumble your paycheck, passing lunch break Wait for your sola, hour on hour Just to find they forgot your order

Grocery shopping is a prime example Flouted by cashier and bag boy It's your money, it's their service Their shulia is at it's dead worst

Getting your car fixed, what a joke! You can wait, you ain't special Piss me off, be sorry later A new worlds record for lack of tact

Set an example
Practice not common
I'll be patient
Give them respect
Should be reciprocal
I will keep trying
It may rub off, who knowe?



